

National Teaching School  
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Department  
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**Head Teacher: Mr D Barrow**

8<sup>th</sup> June 2018

Dear Parents and Carers,

## **PERSONAL, SOCIAL AND EMOTIONAL EDUCATION (PSHE) THIS HALF-TERM**

You may be aware that we follow the Jigsaw PSHE scheme of work. Details can be found on [www.jigsawpshe.com](http://www.jigsawpshe.com). This half-term in Years 3 and 4, it is all about "Changing me".

In Year 3, this will involve looking at how bodies change from childhood to adolescence, and will include how a baby grows inside the female's tummy.

In Year 4, this moves on to talk about the menstrual cycle in women and how sperm fertilise eggs.

Both topics also link to changes in nature. I have had a good look through the materials and they are sensitively written, while still focusing on giving the children the correct information. This includes using the correct terminology for internal and external body parts. The information is age-appropriate and will build year-on-year to prepare children for puberty.

If you have any further questions or would like to view the teaching materials, please do not hesitate to contact me or your child's class teacher.

Kind regards



**Mr D Barrow**  
Head Teacher